COVID-19 Guidelines: Winter 2021/22



ADDENDUM (as of 3.21.2022)

Given the reduction in hospitalizations and the lifting of mask mandates across the metro, the MWSL is no longer requiring players and referees to wear masks. Please be respectful of those who chose to continue masking. The league reserves the right to revisit these guidelines as conditions warrant.

If you are sick in any way, or exhibiting any symptoms of sickness, STAY HOME! Any player showing any signs of illness is not allowed to participate in any MWSL game. If you have been exposed to anyone who has COVID, please stay home.

Player and referee safety is of utmost importance. Unfortunately, no amount of precaution and extra effort can guarantee a completely sterile environment, so all participants agree to participate at their own risk.

Referees are not responsible for enforcing these guidelines. It is up to team managers to ensure their teammates are adhering to the guidelines.

These guidelines are subject to change on short notice.

Participation Expectations

• Each participant is required to be registered with the MWSL, have a valid player pass, and accepted participation waiver in our web system in order to be eligible to play.

Health and Safety Guidelines

Each player must abide by the following:

Regarding Masks:

- Masks/face coverings MUST BE WORN entering and exiting the dome, when you are preparing for your game and after
 your match has ended.
- Masks/face coverings are STRONGLY ENCOURAGED during match time, whether on the field or sideline.
- Masks/face coverings should cover the nose and mouth.

Regarding Distancing:

- Do not congregate before or after games.
- Physical distance should be kept at all times outside the field of play.
- Spectators are not encouraged. If for any reason a spectator needs to be present, they should stay distanced from others and MUST wear a mask or face covering.
- Leave the facility as soon as the game has ended.

Regarding Hygiene:

- Dress as much as you can prior to approaching the field. This includes shinguards and socks.
- Wash hands with soap and water whenever possible. When washing isn't possible, use hand sanitizer regularly, especially upon arrival at the field, at halftime and before leaving.

- Do not share any equipment, water bottles, goalie gloves, etc.
- No spitting for any reason.
- No handshakes/high fives or other physical touching (outside the run of play), including the referee.

If a Player Tests Positive for COVID-19

If you test positive for COVID-19, you are not allowed to participate in any games or be on site for any game until you have a negative COVID test or have been clear of all symptoms for at least 5 days. If any player tests positive after league participation, that player or their team manager should notify the MWSL at info@mwsl.org with the dates/times the player participated in an MWSL game. The MWSL will do our best to notify any teams that had contact with the player who tested positive.

Based on state guidance, games for the affected team(s) can continue...

For those who may have been exposed to COVID-19 and are fully vaccinated

- Get tested three to five days after exposure.
- Wear a mask in public, indoor settings for 14 days following exposure or until you receive a negative test result.
- Consider wearing a mask at home for 14 days or until you receive a negative test result if you live with someone who is immunocompromised, at increased risk of severe disease, or unvaccinated (including children under the age of 12).
- You do not need to quarantine if you do not have any symptoms of COVID-19. You should watch for symptoms for 14 days.
- If you start to have any symptoms, stay home and away from others immediately (isolate), get tested again, and follow other recommendations on If You Are Sick or Test Positive.

Refunds

NO REFUNDS will be given for any reason.